

The KINDERGARTEN at St. JOSEPH'S

PARENT and CARER WEEKLY NEWSLETTER

Week Commencing 18 February 2019 Spring Half Term

Nurturing Your Child Through Play



It is half term and we will be closed



If your child is not able to attend a session, please would you email the office. It would be helpful if you gave the reason for the absence.

For Safeguarding reasons if your child has not arrived we will attempt to contact you but would very much prefer you did not leave it to us to call.



Car Park

Thank you for not parking in the school car park.



A gentle reminder that smoking is not permitted on the site. Could I politely ask you not to smoke when your children are near you. The smell tends to remain on your child for quite sometime and we do have some children with respiratory conditions that are affected by the lingering smell of smoke.

You can still order Our First Nativity DVD's. Just send £1 in an envelope with your child's name with on it.

Dates to remember:

Term Dates - 2018-2019

Spring

Mon 7 Jan - Fri 5 April (Half Term Mon 18 Feb- Fri 22 Feb We are not open)

Summer

Tues 23 April - Mon 22 July (Half Term Mon 27 May - Fri 31 May We are not open)

Our Session times

Morning 8:40-11:55 Afternoon 12:10 -15:10 School Day 8:40-15:10

From Louise, Liam, Caroline, Jolanta, Annabelle, Bernie, Suzy, Bernisi, Manuela, Megan, Karen, Daisy, Viv, & Rani



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Information If your child is having Lunch

No lunches from us next week but what are you going to feed your children?

A sandwich? How about letting your child help you to make it. They can spread the butter and choose a filling. Cutting it in half may be a bit of a challenge but why not let them try. The children who stay for the school day are now using knives and forks at lunch time and are becoming quite successful at cutting their food. Perhaps you could try some different breads. Yes I know they may not like "bits" but if they do not try them how will they know.

Soup? Your children will love some home made vegetable soup and they would really love to help you make it. Cut ups some vegetables, carrots, celery, tomatoes, mushrooms. Use whatever veg you want. If your child is not keen on veg you can cut them really small. Add water and boil. If you add some fresh or dried herbs it will make it even tastier. My favourite herbs are parsley and rosemary. You could let your child help you to cut up the vegetables. They will enjoy being involved in getting their own food.

Dips? Houmous with carrots and peppers to dip into it or some pitta bread is delicious.

Salad? Tomatoes, celery, a bit of lettuce and cucumber. You can add some pasta to it or cold meats or a hard boiled egg. Your child would love to see an egg boil and how different it is to an egg that has not boiled.

To finish why not have some fruit. The children here love to cut and prepare fruit for snack why not give them the chance at home.

Below is the link for information about the food itself

<https://www2.myschoollunch.co.uk/surrey/primary-schools/the-education/the-complete-guide-to-surrey-school-meals/>

We very much welcome your contributions to our fruit basket. The snack table is always very well visited by the children.

This time of year we have lots of runny noses and coughs so a box of tissues and a packet of wipes is much appreciated also.



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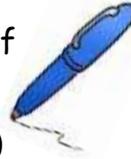
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We have noticed some new coats and hats. Some of the children are not recognising their new clothing so please, please, please will you mark new (and old) belongs with your child's name.



Uniform

I have been contacted by My Clothing which is the company that provided Tesco with their embroidery service.

I have agreed to let them continue to supply and have added some more items to the range. There is now a reversible fleece and a rucksack.

Take a look and get ordering.

www.myclothing.com



Outside Play

Yes we do know that the weather is cold but children still need to be outside for play. We will not allow the children to get too cold; us grown ups feel it more than the children so on really cold days we won't be out too long. Please send them with hats, scarves & gloves all marked ofcourse. If your child is wearing wellie boots send in some indoor shoes too.

A little reminder about how to wash hands.

First wet your hands



Then add soap



Next rub hands to make bubbles



Finally rinse and dry.



Pooch Corner

Is the Toddler group that meets in the Church on Monday Mornings. They are looking for volunteers to help set up and generally help. Let me know if you might be able to help.

I thought I would add some preventative advice about nits and headlice. Sadly this is one of the downsides of having groups of children together. However I do need to emphasise that although these little beasts are annoying they do not cause harm.



Good advice is **once a week take a peek**. When you wash your child's hair, once a week use a conditioner and using a nit comb look through your child's hair. This should prevent the beasts getting too comfortable. Should you happen to come across the pests ask one of the local pharmacists for their recommended preparations and let us know so that we can warn others to be on the look out.

Another preventative measure is just to brush your child's hair everyday. I know that not all children like having their hair brushed but nor do the little beasts.

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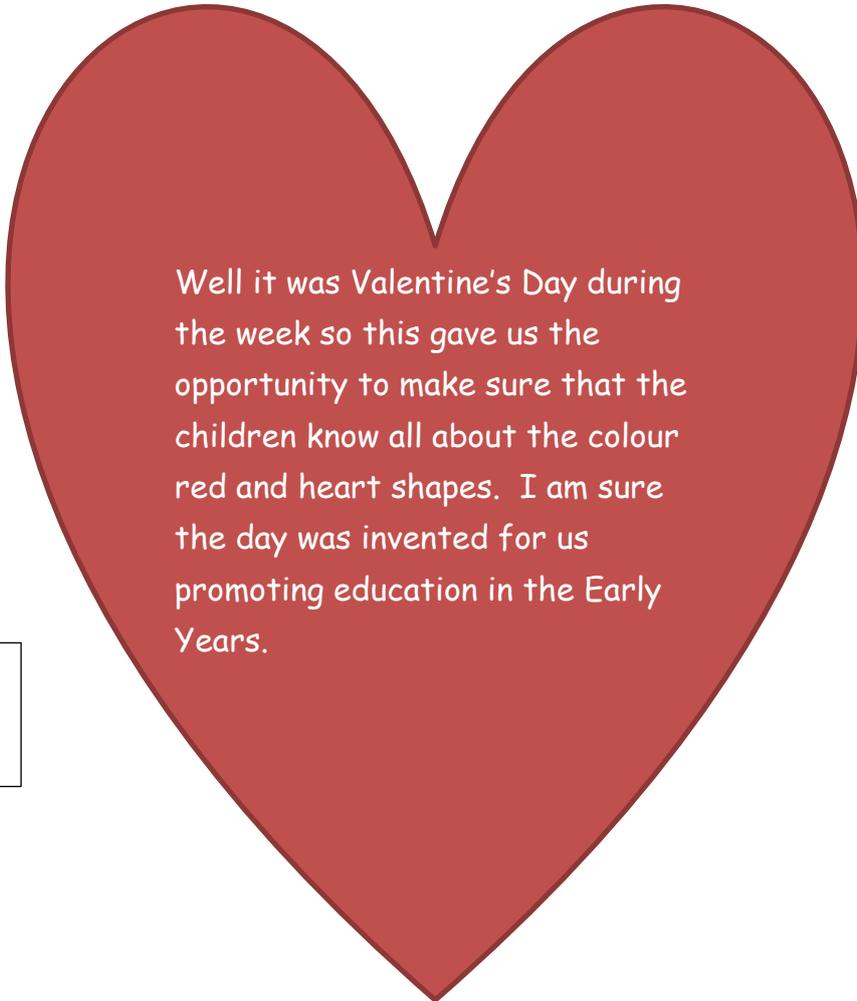
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Last Week



Well it was Valentine's Day during the week so this gave us the opportunity to make sure that the children know all about the colour red and heart shapes. I am sure the day was invented for us promoting education in the Early Years.



red paint to stamp heart shapes with.



Red rice in the sand tray.



Red toppings for the pizza making



Of course it was not all hearts and flowers. There was plenty of writing practice and time to make friends by building towers together.



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No preschool next week so why not try out these ideas.

Cooking - make a fruit crumble, pizza, rice pudding, cookies. Recipes are easily found on the web. Children learn a lot from you reading the recipe and trying to follow the instructions.

Bocketts Farm - in Leatherhead is hosting some exciting activities.

RHS Wisley - is one of my favourite places to visit. They have a Lego sculpture display as well as all those lovely plants.

The London Transport Museum - children will love travelling on the train and the museum itself is a great interactive place to be.

Epsom Library - has story time on Tuesday at 10:15. Why not go and enjoy a story and then browse the books. The children really love looking at the books at Kindiejoes, I am sure they will love the big selection in the library.

The Park - at this time of year can be exciting. Instead of heading straight to the playground why not take a walk around and look at the snow drops (plants with tiny white flowers) or the colourful crocuses coming through. You could even take some paper and crayons or pens and try drawing what **you see**. **They won't look perfect but some straight green lines with blobs of colour on the end.**

Making a bed - ask your child to help hold the duvet and pull it to the end of the bed. This is great for strengthening their shoulders.

Looking For Shapes - Take a walk down the road. What shapes do you see? "Round" wheels, "Square" windows, "Rectangle" doors, what shape is on the ground.

Whatever you find to do, please let us know on Tapestry or Family.

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2018 -2019 Staff Team



Caroline - Deputy
DSL
PFA
Tues- Fri



Bernie - Acting
Deputy
PFA
Mon - Wed



Bernisi - Acting
Deputy
Tues & Fri



Louise
DSL
PFA



Megan
Tues & Wed



Annabelle
DSL
PFA
Mon, Wed & Thurs



Suzy - SENDCo
Mon, Tues & Fri



Jolanta
PFA
Wed - Fri



Manuella
(Manu)
Mon, Thurs & Fri



Karen
Volunteer



Daisy
Volunteer

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PFA- Paediatric First Aid
DSL - Safeguarding Lead

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MOTOR NEURONE DISEASE**

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and ARTICULATION DIFFICULTIES*

For further information please contact me
or visit the website: lizimcgarvey.co.uk



Debbie one of our regular childminders has vacancies. If you are looking for a childminder or you know someone who is, contact Debbie now on **07743 072832**

Rameh used to look after one of our children who recently moved overseas and she also has vacancies. You can contact her on 07853 193677

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FIT FOR GOOD

All abilities welcome

Saturdays 9-10am

Join our outdoor fitness group

£3.50 per person
 50p goes to a charity chosen by the group

Jumping | Skipping | Jogging | Lunging
 Squatting | Throwing | Laughing

To find out more, email: info@harrietpersonaltraining.co.uk
 or find us on Facebook: @fitforgoodepsom

We meet at the corner of Woodcote Hurst and Woodcote Green Rd

Are you thinking about toilet training?

Manu has a rather special potty that she no longer needs (and was hardly used).

If you would like know about this essential item please speak to Manu or Louise

Phillomena DANCE SCHOOL

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If you are interested please contact her and tell her that you came from Kindiejoes.

And for those of you feeling left out Lynda is now providing adult Tap Classes for all and no abilities. So much fun!

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Early Support Early Support
for children, young people and families

Epsom & Ewell's Rainbow Group
(For children 0-5 years with additional needs)

Thursday 21st February 2019

10:00 - 12:00 pm



Come and enjoy a range of sensory experiences with your children.

Siblings up to their 11th birthday are welcome too.



Children's snacks, tea & coffee will be provided.

St Martins Children's Centre, Worple Road, Epsom, KT18 7AA
Parking available on site in the Infant School car park

For more information please call us on:

01372 730 435



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Helping you... and your family understand your baby, child or teen



Try these online guides with expert advice for each stage of your child's development - FREE if you live in Surrey



Go to: surreycc.gov.uk/learnonline

Understanding your baby and Understanding your child 0-19 years include top tips from childcare, education and health experts.



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